

# My Personal Checklist for the Five First Saturdays

Our Lady of Fatima asked us to make the First Saturday Communion of Reparation to Her Immaculate Heart. Her promise: "I promise to assist at the moment of death, with all the graces necessary for salvation, all those who, on the first Saturday of five consecutive months shall confess, receive Holy Communion, recite five decades of the Rosary, and keep Me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to Me."<sup>1</sup>

Make the Five First Saturdays as requested by Our Lord and Our Lady with the intention of **making reparation to the Immaculate Heart of Mary.**

*Here is a grid to help you keep track of your consecutive Five First Saturdays. Check off and date each item as it is completed.*

|                    |      |  |            |  |                |  |        |  |  |  |
|--------------------|------|--|------------|--|----------------|--|--------|--|--|--|
| 1st First Saturday | Date |  | Confession |  | Holy Communion |  | Rosary |  | 15 minute meditation on Mysteries <sup>2</sup> |  |
| 2nd First Saturday |      |  |            |  |                |  |        |  |  |  |
| 3rd First Saturday |      |  |            |  |                |  |        |  |  |  |
| 4th First Saturday |      |  |            |  |                |  |        |  |  |  |
| 5th First Saturday |      |  |            |  |                |  |        |  |  |  |

Our Lord said: "The souls who make the Five First Saturdays with fervor and to make reparation to the Heart of your Heavenly Mother please Me ..."